



Golden Gate Branch Commissioned Officers Association  
30 APR 2019 "Spring" Quarterly Meeting Minutes



**Meeting Date and Time:** 30 APR 2019 15:00-16:00  
**Meeting Location:** Oakland Federal Building/WebEx  
**Minutes Submitted by:** LCDR Dustin Abaonza

**Attendees**

Executive Board members present:

<input checked="" type="checkbox"/> LCDR Annie Lam	<input type="checkbox"/> LCDR James Lee	<input checked="" type="checkbox"/> LCDR Dustin Abaonza
<input checked="" type="checkbox"/> LCDR Steven Galvez	<input checked="" type="checkbox"/> CDR Tamy Leung	

Activity Workgroup Leads present:

<u><b>Athletics</b></u>	<u><b>Community &amp; Volunteer</b></u>	<u><b>Membership</b></u>	<u><b>Military</b></u>	<u><b>SG Priorities</b></u>
<input checked="" type="checkbox"/> LCDR Leah Ferrier	<input checked="" type="checkbox"/> LCDR Tracy Tilghman	<input checked="" type="checkbox"/> LCDR Venus Uttchin	<input checked="" type="checkbox"/> CDR Mathew Johns	<input type="checkbox"/> LCDR Kristin Abaonza
<input type="checkbox"/> vacant	<input type="checkbox"/> vacant	<input checked="" type="checkbox"/> LCDR Thida Buttke	<input type="checkbox"/> vacant	<input type="checkbox"/> vacant

Other Members present: Ret. CAPT Lavern Puckett, LCDR Jason Wilken, CAPT John Moroney, LT Gadson, LCDR Buttke

**Executive Committee Reports / Announcements / Discussions**

Agenda Item	Discussion	Follow-Up / Action Item
<i>Meeting Minutes – LCDR Lam</i>	<ul style="list-style-type: none"> <li>▪ Approved</li> </ul>	
<i>Treasurer – LCDR Leung</i>	<ul style="list-style-type: none"> <li>• Recent Deposits in FEB bringing total Funds to <u>\$4400</u> <ul style="list-style-type: none"> <li>○ \$842 GGC OA Membership Dues</li> <li>○ \$38 Custom Ink</li> </ul> </li> <li>• Upcoming withdraws in MAY                             <ul style="list-style-type: none"> <li>○ \$600 (3x \$200)</li> </ul> </li> <li>• Looking into non-profit status of GGC OA                             <ul style="list-style-type: none"> <li>○ National has stated that each chapter may apply for Non-Profit status</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Contact LCDR Leung if you have experience with 501(c)(3) application process</li> <li>• Suggested - Contact Atlanta and/or DC chapter for guidance with application process as they are the largest 501(c)(3) chapters</li> </ul>
<i>Membership – LCDR Lam</i>	<ul style="list-style-type: none"> <li>• 81 members                             <ul style="list-style-type: none"> <li>○ 9 new members since JAN 2018</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>- Outreach to New officers in Bay Area</li> <li>- New Officers in BOP and NP Service</li> </ul>

<i>Promotion Ceremony – LCDR Lam</i>	<ul style="list-style-type: none"> <li>▪ Goal to establish procedures</li> <li>▪ Tentative Date: 17 AUG 2019</li> <li>▪ LT Cristy Gadson &amp; LCDR Thida Buttke are leads on finding a location <ul style="list-style-type: none"> <li>○ Possible Locations: Oakland, GC Island (CG Cutter or Dock)</li> </ul> </li> <li>▪ Neighboring Branches have been invited to join Promotion Ceremony to promote their members</li> </ul>	<ul style="list-style-type: none"> <li>- Draft Procedures</li> <li>- Determine Approximate Number in Attendance</li> <li>- Secure Location and Date</li> <li>- F/U with Neighboring Chapters</li> </ul>
<i>Color Guard – LCDR Wilken</i>	<ul style="list-style-type: none"> <li>▪ Completed First Practice 20 MAR 2019</li> <li>▪ Still Seeking New Color Guard Members especially officers with D&amp;C experience</li> <li>▪ Event 19 JUN 2019 – Color Guard for Bay Area Federal Employees of the Year</li> <li>▪ No lead will continue to rotate lead to gain experience calling cadence/commands</li> </ul>	<ul style="list-style-type: none"> <li>- Stand by for Next Practice Date</li> <li>- Determine Vender and Pricing for Flags, Flag Holders/Belts and Sabers for further consideration of GGCOA purchasing these items</li> </ul>
<i>PHSCOF Symposium</i>	<ul style="list-style-type: none"> <li>▪ 6-9 MAY 2019 in Minneapolis Convention Center and Hyatt</li> </ul>	<ul style="list-style-type: none"> <li>- Scholarship winners need to submit all paperwork by deadline</li> <li>- Take Great Photos in Uniform at Symposium!</li> </ul>
<i>GGCOA Photo – LCDR Lam</i>	<ul style="list-style-type: none"> <li>▪ Tentative Date: 1<sup>st</sup> Weekend of JUN in front of GG Bridge – Exact Location to be determined</li> </ul>	<ul style="list-style-type: none"> <li>- Determine Location and Date</li> <li>- Get Uniforms Ready!</li> </ul>
<i>Tricare Prime Remote – LCDR Lam</i>	<ul style="list-style-type: none"> <li>▪ If you are having issues with “health net” that you cannot resolve please contact LCDR Annie Lam</li> </ul>	<ul style="list-style-type: none"> <li>- If you have received a letter from “Health Net” that you are not eligible for TRICARE Prime Remote and your are – Fill and submit form at:  <a href="https://tricare.mil/FormsClaims/Forms/TPREligibilityForm">https://tricare.mil/FormsClaims/Forms/TPREligibilityForm</a></li> <li>- Contact LCDR Lam if not resolved</li> </ul>

Activity Workgroup Reports / Announcements / Discussions		
Agenda Item	Discussion	Follow-Up / Action Item
<i>Athletics</i>	<ul style="list-style-type: none"> <li>- Suicide Awareness 5k - 04 MAY 2019 (This Saturday!)</li> <li>- Virtual Surgeon General’s Mother’s Day Run on the Embarcadero <ul style="list-style-type: none"> <li>○ 4 Officers have signed up – Everyone is welcome Contact LCDR Tilghman</li> </ul> </li> <li>- “Bubble Run” 18 MAY 2019 in San Jose</li> <li>- Past Event - Dublin Shamrock Run - See</li> </ul>	
<i>Community &amp; Volunteer</i>	<ul style="list-style-type: none"> <li>- Past Event - Hike/Walk – NP Service Last Week</li> <li>- Hiking Event in June – DATE TBD</li> </ul>	

	<ul style="list-style-type: none"> <li>- Volunteer Event – Open Hand 22 JUN and 10 AUG in SF 1PM-3PM – if interested look at listserv and sign up - 6 officers needed; Children over 13 can also volunteer.</li> <li>- Upcoming – Volunteer opportunities in Marin and East Bay TBD</li> <li>- USO Volunteer – Time Required 3x/month – PHS are not allowed to utilize USO <ul style="list-style-type: none"> <li>o Consider Donation to USO so support their Mission</li> </ul> </li> </ul>	
<i>Membership</i>	<ul style="list-style-type: none"> <li>- 30 JUN 2019 is last day of the Year for Membership</li> <li>- Welcome Packet is available on our GGCOA Website</li> </ul>	-Encourage new officer to Join Listserv
<i>Military</i>	<ul style="list-style-type: none"> <li>▪ Travis AFB – PHS Leadership is in a period of transitions now</li> <li>▪ Need to Reengage with Coast Guard</li> <li>▪ Potential Veterans Day Participation</li> <li>▪ Military Officer Association of America (MOAA) – LCDR Lam and LCDR Galvez have attended <ul style="list-style-type: none"> <li>o Possible Event to attend “Stand Down” on the Delta in Antioch, CA – Newer Event than the East Bay Stand Down</li> <li>o Need Clinicians to Volunteer</li> </ul> </li> </ul>	
<i>SG Priorities</i>	<ul style="list-style-type: none"> <li>o Past Event - Naloxone Training on 19 MAR 2019 with SFDPH, Harm Reduction Program and The “DOPE” Project</li> <li>o Additional Kits are available</li> <li>o Upcoming Event at SF Public Library – Looking for 5-6 Officers to Demonstrate Naloxone Kit – TBD</li> </ul>	-Contact LCDR Kristin Abaonza to Receive a Naloxone KIT (20 min online training required)
<i>BLS</i>	<ul style="list-style-type: none"> <li>o Contact LCDR Abaonza or CAPT Kreis to Schedule Class</li> </ul>	